

#### PARENTING CLASSES

# • Triple P – Positive Parenting Program:

- This is a widely recognized program with various options, including online and inperson sessions.
- They offer programs for different age groups, from young children to teenagers.
- $\circ\quad$  They have scheduled group sessions, and online options for flexible learning.
- You can find scheduled events on their website.
- Here is a link to their local page: <a href="https://www.triplep-parenting.com/us/parenting-courses/triple-p-parenting-in-bexar-county-tx/">https://www.triplep-parenting.com/us/parenting-courses/triple-p-parenting-in-bexar-county-tx/</a>

### • The Children's Shelter:

- They offer programs focused on building strong parent-child relationships, particularly for parents of young children.
- They have programs like "Family Unit-versity" and "Compadre Y Compadre" for male caregivers.
- They also have the STEP program (Systematic Training for Effective Parenting).
- o Here is a link to their program page: <a href="https://www.childrensshelter.org/programs/">https://www.childrensshelter.org/programs/</a>

# • AVANCE San Antonio:

- They provide a 9-month Parenting and Early Childhood Education program for parents with children under 4.
- o They focus on early childhood development and provide home visitations.
- Here is a link to their program page: <a href="https://www.avancesa.org/programs/parent-child-education-program/">https://www.avancesa.org/programs/parent-child-education-program/</a>

## • Catholic Charities San Antonio:

- o They offer various family and children's services, including parenting education.
- They have programs like "Nurturing Families" for parents of young children and programs for fathers.
- Here is a link to their family and childrens services page: <a href="https://ccaosa.org/family-and-childrens-services/">https://ccaosa.org/family-and-childrens-services/</a>

# • Education Service Center Region 20:

 The Education Service Center, Region 20 Family Engagement Program provides training and support to school districts, charter schools, private schools and families to help strengthen home-school-community partnerships. Here is a link to their program page:
 <a href="https://www.esc20.net/apps/pages/index.jsp?uREC\_ID=1668832&type=d&pREC\_ID=1819153">https://www.esc20.net/apps/pages/index.jsp?uREC\_ID=1668832&type=d&pREC\_ID=1819153</a>

# • Texas A&M AgriLife Extension Service:

o Find your county: <a href="https://agrilifeextension.tamu.edu/counties/">https://agrilifeextension.tamu.edu/counties/</a>

# Family Service Association:

- Early Childhood Well-Being
- Here is a link to their program page: <a href="https://family-service.org/early-childhood-well-being/#contact">https://family-service.org/early-childhood-well-being/#contact</a>

## • The Parenting Resource Center:

- Free parenting and life skills classes in Kerrville, Texas
- Here is a link to their program page: <a href="https://tprck.org/services/support-services/">https://tprck.org/services/support-services/</a>

### Comal Cares:

- o Provides a directory of parenting classes and support services in the area
- Here is a link to their program page:
  <a href="https://comalcares.org/directory/subcategory/parenting-classes">https://comalcares.org/directory/subcategory/parenting-classes</a>

# Restoring Hope Family Resource Center:

- Parenting classes are designed to provide the basic fundamentals of parenting for all moms and dads. Pregnancy, childbirth, child development, parenting skills and more are the focus of these sessions.
- o <a href="https://restoringhopefrc.life/free-services">https://restoringhopefrc.life/free-services</a>

## Guadalupe County Children's Advocacy Center:

- Every parent or caregiver wants the best for their child. We want our kids to be happy, successful, and free to be kids!
- o <a href="https://gccac.net/for-parents/">https://gccac.net/for-parents/</a>

### K'STAR Youth & Family Services:

- Improve your family dynamic with parenting classes and family counseling.
- o Here is a link to their program page: <a href="https://www.kstar.org/services.html">https://www.kstar.org/services.html</a>

## • BCFS Health and Human Services:

- Families are strengthened by providing caregivers with nurturing home-based parenting education and easy access to community resources through strategic assessment of families' needs. Parent educators provide parenting education utilizing an evidence-based curriculum.
- https://bcfscsd.org/program\_category/parenting-education-and-support/